

## **February**



## **High School Lunch Menu**

SCHOOL IN	Monday	Tuesday	Wednesday	Thursday	Friday	
P I Z Z A	16" Pizza Cheese, * <mark>Pepperoni</mark> Buffalo Chicken	16" Pizza Cheese, * <mark>Pepperoni</mark> Vegetarian Pizza	16" Pizza Cheese, *Pepperoni White Pizza or Stromboli	16" Pizza Cheese, * <mark>Pepperoni</mark> Upside Down Pizza	16" Pizza Cheese, *Pepperoni Buffalo Chicken	Choices of Milk Include Skim Low-Fat White Chocolate and
D A S H	Drumsticks Over Mashed Potatoes and Gravy or Mac & Cheese	Taste of Athens Gyro Bar or Greek Salad Meditarian Chicken Gyro	General Tso Chicken with Rice & Egg Roll or Stiry Fry Chicken with Rice & Egg Roll	Hand Carved Roast Beef on Kaiser Roll with Mashed Potatoes and Gravy	Chicken & Waffles or Pasta Primavera with Chicken or Pasta in Red Sauce with Meatballs	Strawberry  Choices of Fresh Fruit & Fresh Vegetables
D E L I	Chicken Caesar Salad Hoagie or Wrap with choice of Turkey, Turkey Ham Chicken or Tuna Salad and Hummus	Chicken Caesar Salad Hoagie or Wrap with choice of Turkey, Turkey Ham Chicken or Tuna Salad and Hummus	Chicken Caesar Salad Hoagie or Wrap with choice of Turkey, Turkey Ham Chicken or Tuna Salad and Hummus	Greek Salad Hoagie or Wrap with choice of Turkey, Turkey Ham Chicken or Tuna Salad and Hummus	Greek Salad Hoagie or Wrap with choice of Turkey, Turkey Ham Chicken or Tuna Salad and Hummus	Toasted Sandwiches now Available on the Deli Line
N A C H O	Taco or Nachos with choice of Ground Beef, Diced Chicken, Rice and Beans and choice of Fresh Toppings	Taco or Nachos and Fajitas Ground Beef, Diced Chicken & Cheese and choice of Fresh Toppings	Taco or Nachos with choice of Ground Beef, Diced Chicken & Cheese and choice of Fresh Toppings	Taco or Nachos with choice of Ground Beef, Diced Chicken & Cheese and choice of Fresh Toppings	Taco or Nachos and Fajitas Ground Beef, Diced Chicken & Cheese and choice of Fresh Toppings	
G R I L	Steakhouse Burger with Cheese & Onion Rings or Cheeseburger Chicken Cheesesteak	Royal Chicken Sandwich or Cheeseburger Pizza Steak	French Toast with Sausage or Sausage Egg & Cheese Bagel	Hot & Spicy Chicken with Honey Mustard on a Pretzel Roll or Cheeseburger	Chicken Parmesian Sandwich or The Upper Darby Double or Beef Steak	

Upper Darby School District High School Lunch Menu - All Students Have Access to Lunch at No Cost!!



## CHECK OUT OUR STATION MENU BOARDS FOR SPECIALS OR MENU CHANGES!!

